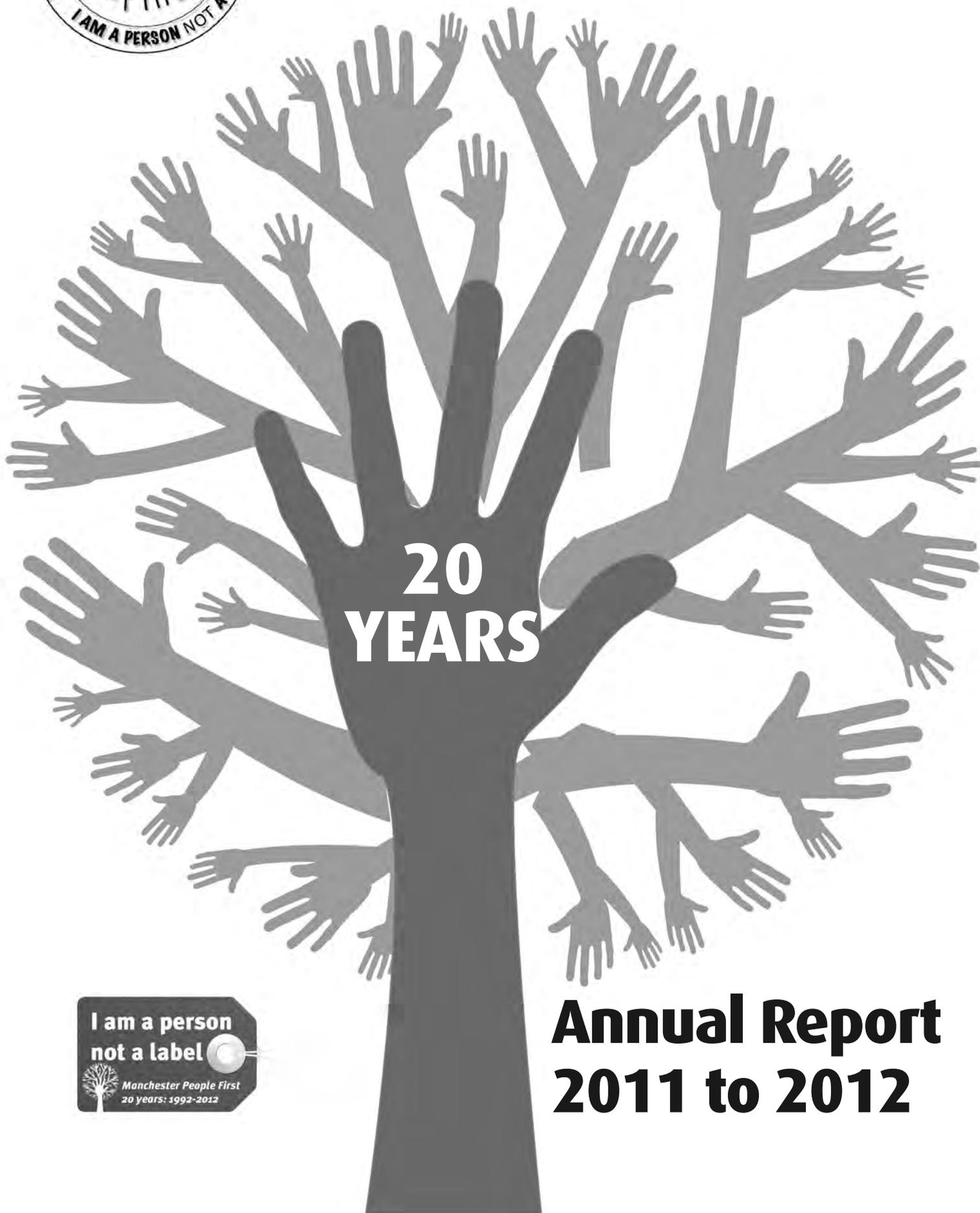




Manchester People First

Self advocacy for adults with a learning disability



**20
YEARS**



Annual Report 2011 to 2012

Welcome

This Annual Report tells you about we we have been doing from April 2011 to March 2012.

Our mission statement

Our mission is for all learning disabled people in Manchester to have control over their lives, make their own choices and be confident self-advocates.

We will work with other groups to help us reach our goal.

We will be brave and strong in how we support people.

We will be positive and move forward together.

How to contact us:

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Web: www.manpf.org

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Suite A1 South Court
Sharston Road
Wythenshawe
M22 4SN
Phone: 0161 998-0517
Email: southmpf@googlemail.com

Company Number: 6339300

Charity Number: 1124426

Directors, committee and staff

Board of Directors: Edward Kane (Chair), Brian Mitchell (Vice Chair), Shirley Ryder (Treasurer), Joseph Rooney, Louisa Burton and Carol Modd resigned.

Staff: Stephen Hughes (Project Manager), Andy Needle (Project Administrator), Derek Owen (Admin Support Worker), David Dunnico (Just Info), **Audit Project**

staff: Kath Carey (Audit Support Worker), Stephen Blake, Christopher Kenny, Joanne Hickenbotham and Louise Crowley (Audit Assistants). **South MPF staff:**

Barry Hills and Jodie Deegan. **Club 3/Lounge at 3:** Nora Gardner, Louise Wilson, Delroy Sterling, April Walkin and John Bee .

What a year! April 2011

Manchester People First members exhibited their artworks in the Venture Arts annual exhibition at The Lowry Centre.



We started a 12-week art workshop at our Cheetham Hill office, making clay pots and nametags. At our South office in Sharston, we are running a weekly arts group who are doing projects such as self-portraits and animation.

Also in the South, we started a 6-week healthy living cookery course at Wythenshawe Community Church.

Landridge House hosted a great Prom Dance for Manchester People First and OPAL. Everyone dressed up in evening wear and ball gowns. Alan Sutton won king of the prom and Fran won queen.



A week later it was our turn to host a Royal tea dance to celebrate the wedding of Prince William and Kate Middleton. We had coronation chicken, salmon and cucumber and egg and watercress sandwiches, followed by a cream tea for dessert. We decorated the room with homemade bunting and had a disco in the afternoon to celebrate. Plus we got an extra bank holiday off!

May 2011

The service audit project has carried on interviewing people in their homes about the services they get. They also took part in a monthly disability training session with Greater Manchester Police at their Sedgley Park training college.



Stephen Hughes raised some much needed funds for Manchester People First by joining 40,000 runners in the Manchester 10k Run. He managed a great time of 63 minutes – well done and thank you.

Joseph Rooney won our annual pool tournament organised by the South office and held at Riley's Snooker Club in Chorlton.

June 2011



Lots of our members went to consultation events with Manchester City Council about the cuts and told them how they would affect people with learning disabilities.



Barry from the South went to meetings to help plan the Wythenshawe Games and Greater Manchester Police Authority's consultation day.

Stephen Blake gave a presentation at a Dignity workshop at Greater Manchester Council of Voluntary Organisations. He talked about living with a learning disability.



Our second series of arts workshops began. Catherine from Venture Arts ran a 14-week sewing series, which will end with an exhibition.



Opal and Landridge House joined us in a Mexican Day – We made our own tie-dye ponchos and bandanas, eat Mexican themed food; enchiladas, nachos and salsa dips with a traditional Mexican egg custard for dessert. In the afternoon we had made some piñatas for members to smash to pieces with sweets inside. "Era un gran dia!" as they say ("It was a great day").

We had a stall at The Health Check event at The Windrush Centre in Moss Side.

We sat on the Working It Through Together (WITT) steering group that supported people who had been affected by hate crime.



July 2011



We had our annual BBQ to celebrate us being in the building for 4 years. Members, families, friends and carers all had a great day.

We launched our Facebook page and set up a steering group to help us update it. Like us at: www.facebook.com/pages/Manchester-People-First

Shirley Ryder and Stephen Hughes met with Ivan Lewis, the MP for North Manchester, to complain about the cuts to services that were being made.



We launched Lounge@3 a new evening social group for over 50s, this compliments Club 3 our evening group for younger people. www.loungeat3.wordpress.com
www.clubat3.wordpress.com

Lounge@3

August 2011

The Manchester Learning Disability Partnership Board carried on meeting every 2 months at our Cheetham Hill office. We also host their website and produce their newsletter. See: www.partnershipboard.org



The South did road safety training with a team from Manchester City Council.

September 2011

We employed Kath Carey as a new co-worker to work with and support the Service Audit Assistants.



The Young Peoples' Parliament met and debated health with Val Bayliss from the NHS. They have also produced 2 newsletters to tell people about the work they do.

Talbot House launched a new centre in Newton Heath with an open day.

Landridge House held an Irish day. We had some Irish dancing led by Cyril and lots of great food for lunch.



North and South MPF, OPAL and Landridge House joined a new drama group in Chorlton – The Edge Theatre Company. We wrote and rehearsed for 12 weeks before putting on a performance for our friends and family.

October 2011

Members had a visit to the Police museum in central Manchester for a tour of the cells, the booking room and a visit to a new (mock) court, which had just been refurbished and been used for lots of TV work.

A new student, Katie Cook, joined us for a 4-month student placement as part of her studies at Bolton Metropolitan University.

Brian starred in a video for North Wales Learning Disability services about visiting hospitals and using public transport – the video is being used to help professionals and people with learning disabilities who use services.



50 members come to our Annual General Meeting to hear about what we had done and vote for our new committee to guide us through our 20th anniversary year.

We put on fancy dress for our Halloween disco party. Janet Wyatt, Melissa Ward and Martin Gallagher won prizes for the best outfits.

November 2011

The Service Audit Assistants became mystery shoppers to report on the accessibility of leisure services in Manchester.

We did a presentation to students on Manchester Metropolitan University's Learning Disability Degree Course, telling them how we are run as a user-led organisation.

As part of the regular 'Culture Vultures' group, members from the South went to a concert at the Royal Northern College of Music.



December 2011



We held a joint Christmas Party with Venture Arts at Lancaster House in Central Manchester. There were lots of fair ground games for people to try, a buffet and a band.

We also held our annual Christmas member's meal in the office where staff cook and serve regular members.

January 2012

Firefighters came to our office and gave a talk on being safe and looking out for danger around the home. They also gave us some free gadgets and told us about the home visit scheme they run.



The Men's Group have had some brilliant outings including a trip on a steam railway.



Manchester People First staff have been working hard to develop some safeguarding training for people with a Learning Disability we did this in partnership with Manchester City Council and The Gaddum Centre.

We joined Central Manchester Service Users Reference Group, which looks at services offered by central Manchester hospitals to patients and the public.

Manchester People First were invited to Manchester College to talk to students about what they can do after they finish their courses and how we can help them.



The Young Peoples' Parliament met and debated public transport.

Tracey, a student from Manchester Metropolitan University started a placement. Her main work with us was around safeguarding.

February 2012



The drama group put on 2 sell-out performances of their show. Venture Arts launched the exhibition of our pottery and sewing at the Nexus Café in the centre of Manchester. The venue was packed out and we stayed to speak to members of the public about our artwork and what it meant to us.



We held our very first Manchester People First's Got Talent show at our office in Cheetham Hill. 20 acts performed in front of the judges, who voted Melissa's Lulu tribute the winner. The day was such a success; we will be doing it again in 2013.

March 2012



We had a series of fashion workshops with a fashion consultant, made our own outfits and turned the office into a cat walk and put on a show for family, friends and carers. It was dark with lights and loud music and a pro photographer to take shots, just like a real fashion show.

We took part in the government's consultation about their new disability strategy, by holding 2 workshops in the North and South of the city. People told us what they thought and we passed their ideas back to the government.

Stephen Hughes and Shirley attended a hate crime event and took part in some workshops around stopping hate crime and told the police what they thought. It was most memorable for them as they went to a brand new police HQ and got stuck in the lift for 10 minutes.

2012 is our 20th anniversary year. We will carry on giving a voice to learning disabled people in Manchester.



Accounts April 2011 to March 2012

This is a basic simplified version of what money we got and what we spent. Please ask if you want to see a full copy of the accounts.

These accounts were checked and prepared by:

Cadishead Accountancy Service

Britannic House

657 Liverpool Road

Cadishead

Salford

Manchester

M44 5XD

Income (money coming in)

Consultancy and Training £1,470

Just Info Project £650

Support £4,043

Grants £216,765

Other Income

Donations & Sponsorship £1,455

Interest £551

Other Income £7,488

Total of Income £232,422

Expenditure (bills we have to pay)

Accountancy/Legal/Bank Charges £2,518

Meeting Costs £3,564

Wages/Pension/Recruitment/Staff Training £154,047

Rent and Services £27,515

Professional Fees £7,707

Insurance £1,441

Light, Heat and Power £1,529

Telephone £1,446

Print, Postage and Stationery £2,882

Sundries £1,366

OPAL £15,300

Rates and Water £1,030

Equipment £2,192

Publications and Subscriptions £454

Travel £1,602

Volunteer Expenses £90

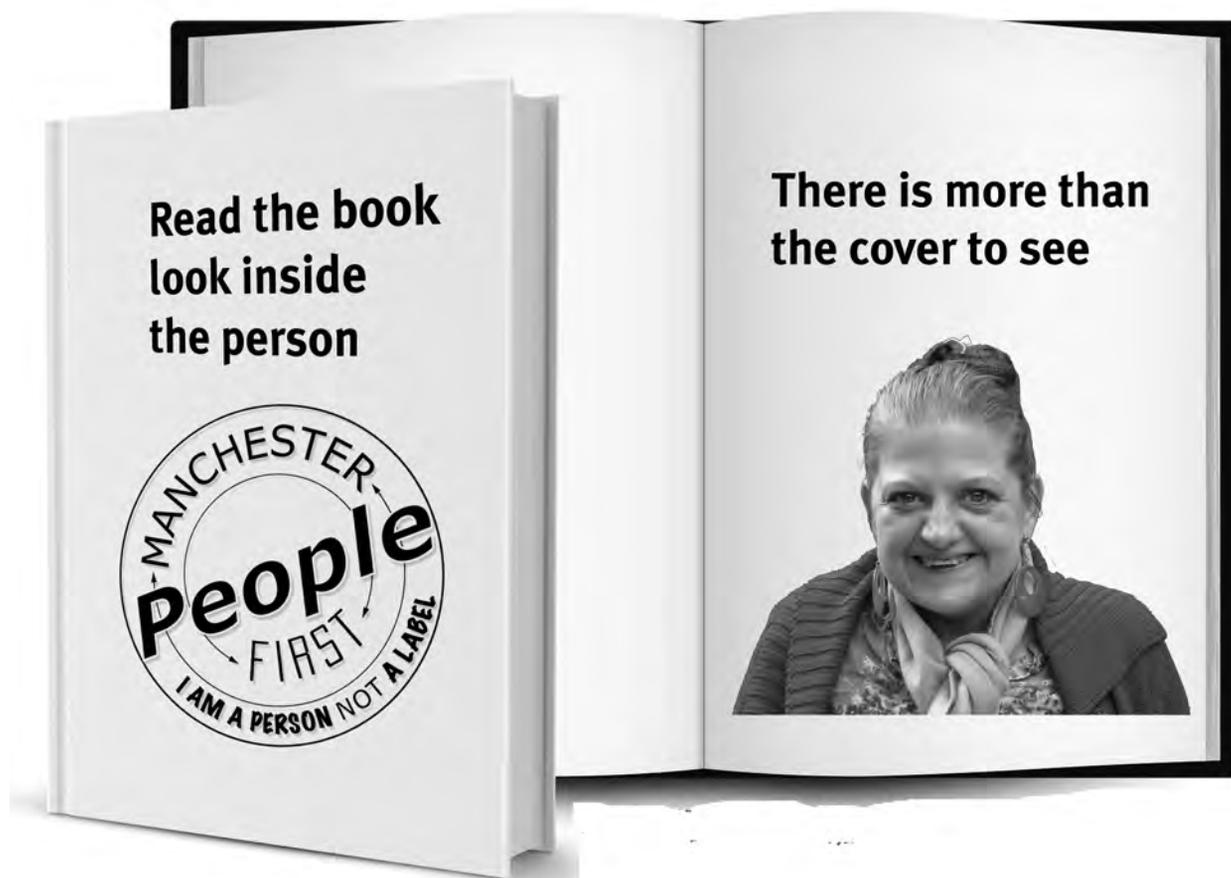
Total Bills £224,683

Equipment Depreciation £224

Grand Total of Bills £224,907

Grand Total of Income £232,422

Surplus {Deficit} £7,515



Keep in touch all year round

**I ♥
MPF**



Vist our website www.manpf.org



Like us on FaceBook



Follow us on Twitter: [@firstmcr](https://twitter.com/firstmcr)

SPEAK UP
Keep up to date - Read our free 4 times a year newsletter